

**South Dakota Department of Health**

# 2022 Harvest of the Month Grant

Grant Application Release: **July 14, 2022**

Application Due Date: **August 10, 2022 at 5pm CST**

Award Notice: **September 2022**

Grant Period: **September 15, 2022 - September 15, 2023**

Award Amount: **Up to 10 sites, up to $1500.**

This Grant includes the following components:

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| --- | --- |
|  Project Overview, Eligibility, Grantee Expectations | 2 |
| Project Timeline and Fund Usage Guidelines | 3 |
| Grant Application, Plan, and Budget | 4-6 |

**For questions contact:**

Liz Marso, RDN, LN

Healthy Communities Coordinator

South Dakota Department of Health

Office of Disease Prevention & Health Promotion

(605) 773-6607

Liz.Marso@state.sd.us

#### **Overview:**

#### The purpose of this grant is to actively engage children in learning about and exposing them to fruits and vegetables utilizing Harvest of the Month educational lesson plans, recipes and supporting materials. Grant recipients will be asked to submit a final report.

#### The Harvest of the Month Grant supports youth programs across South Dakota offering 10 programs up to$1,500 to…

#### implement 12 Harvest of the Month lessons in the Program’s specified timeline

#### purchase produce for sampling and preparation of recipes

#### print educational materials

## Eligibility:

Summer programs, childcares, daycares or any other youth program (Boys and Girls Club, YMCA, youth camps)

**Grantee Requirements:**

* 1. Activities must provide education and tasting experience for at least 6 fruits and 6 vegetables, in separate lessons, utilizing one *Harvest of the Month* materials [*https://healthysd.gov/category/harvest+schools/*](https://healthysd.gov/category/harvest%2Bschools/)*.* All are available for free download.
	2. Complete a brief final report by September 15, 2023. Template will be provided.

**Tentative Timeline:**

#### The awarded worksites will develop a final timeline in partnership with SD DOH

|  |  |
| --- | --- |
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| **Project Start & End Date** | September 15, 2022 – September 15, 2023 |

#### **Funds Can Be Used For:**

#### Fruits and vegetables for preparing and sampling as part of educational activity, snack or part of a meal.

* Additional food items may be purchased to make a recipe using the fruit or vegetable of the month
* Nutrition education materials related to fruits and vegetables such as food models, fruit and vegetable balloons, games, children’s books, music, etc
* Printing and copying costs for materials used during fruit and vegetable lessons
* Several child-friendly tools for food preparation

All applications will be reviewed by Department of Health staff.

Applications can be submitted via **e-mail** to:

**Liz Marso**

**Liz.Marso@state.sd.us**

Please submit your completed application by: **August 10, 2022 @ 5:00 pm CST**

**2022 Harvest of the Month (HOM) Grant Application**

#### (Provided by South Dakota Department of Health)

Please complete the following application, save digitally and email to Liz.Marso@state.sd.us.

| Name of Agency: |
| --- |
| Agency Street Address: |
| City: | State: SD | Zip Code: |
| Project Lead Contact Name: | Phone #: |
| Project Lead Email:  |
| Signature: | Date:  |

**Description of Harvest of the Month Project Participants**

|  |  |
| --- | --- |
| Grade level/age groups participating: |  |
| Number of children in program: |  |
| Goals:* Children will be presented with information about various fruits and vegetables including how and where they are grown and the health benefits of consuming them.
* Child will taste the selected fruits and vegetables without added ingredients and again, if possible, in a recipe.
 |

**Timeline and Project Plan**

|  |  |  |
| --- | --- | --- |
| **Timeline***You may choose whatever timeline that works best for your program. Weekly, Monthly etc. However, 12 lessons need to be completed by Sept 15, 2023.*  | **Fruit or Vegetable***Select 6 fruits* *Fruit**and* *6 vegetables**Vegetable* *to highlight over specified timeline.*  | **Describe the proposed activities that will take place to meet the goals and where they will occur, including:*** **Link to HOM curriculum you will use**
* **Summarize educational activities that will promote the benefits and consumption of fruits and vegetables and provide opportunities to prepare and taste fruits and vegetables.**
 |
| *Example***October 12, 2022** | FruitPlums | * <https://healthysd.gov/plum/?left=408&big10=29>
* Taste plums and prepare Plum Salad recipe
* Consider equipment needed
 |
| **1** |  |  |
| **2** |  |  |
| **3** |  |  |
| **4** |  |  |
| **5** |  |  |
| **6** |  |  |
| **7** |  |  |
| **8** |  |  |
| **9** |  |  |
| **10** |  |  |
| **11** |  |  |
| **12** |  |  |

**Project Budget**

|  |  |  |
| --- | --- | --- |
| **Item** | **Justification** | **Total** |
| **Fruits and vegetables for taste tests and food preparation.****Fruits and vegetables purchased to allow youth to sample without added ingredients as well as in a recipe.**  |  |  |
| **Fruit and vegetable educational materials.****Fruits and vegetable activity worksheets, posters etc.** |  |  |
| **Copying and printing costs.****Each student will receive a handout with recipes.** |  |  |
| **Implementing materials such as small equipment for food preparation.****Paper products to serve the food on, small paper plates, spoons, cups etc. as well as any small equipment.**  |  |  |
| **Grand total requested**  |  |  |