



# BEETS TALKING POINTS

## 1. Introduction of Beets

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## 2. A Slice of History about Beets

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## 3. How do Beets grow?

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## 4. What season do we pick Beets?

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## 5. Vitamins and Minerals from Beets

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**6.** How do you pick good Beets?

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**7.** Let's try some Beets! (instructions on what the students do next)

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