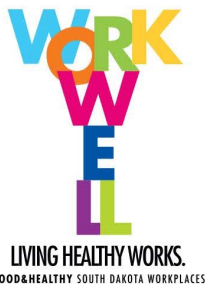


## Working on Wellness

Monthly wellness from the SD Department of Health  
Office of Chronic Disease Prevention and Health Promotion

### Sun Safety in the Worksite

The South Dakota Cancer Coalition has partnered with the South Dakota WorkWell Partnership since 2016 to implement a multi-component approach to address sun safety policy, systems and environment change in worksites to increase sun safety behaviors and reduce the burden of skin cancer in outdoor workers. The project is guided by the South Dakota Worksite UV Protection Model Policy and other evidence-based resources. Worksites have implemented strategies to support the policy including the provision of personal sun protective equipment (e.g. sunscreen, wide-brimmed hats and umbrellas), reinforcement of sun safety practices by supervisors and education on sun safety practices through posters, newsletters and employee trainings. As of 2018, three worksites have adopted worksite UV protection policies to support occupational sun safety practices to prevent skin cancer in outdoor workers, which resulted in improvements in worksite and employee sun safety practices affecting over 200 outdoor workers. The project provides a framework to help worksites promote sun safety policy and practices that support a healthy worksite. Worksites funded under the 2018 worksite UV protection policy for outdoor workers project include the YMCA Giraffic Park Day Camp and the Sioux Falls Parks and Recreation Department. Project implementation will begin June 1, 2018 and run through September 30, 2018.



## WORKWELL Partnership Summit

Low Stress & Great Success:  
What if work-life balance isn't the problem?

**SAVE THE DATE!** **THURSDAY, OCT 4, 2018**  
**MITCHELL, SD**  
**HIGHLAND CONFERENCE CENTER**  
REGISTRATION: 8:30-9:00 SUMMIT: 9:00-3:00

**Keynote speaker, Eliz Greene,** is ridiculously excited about stress. It's her favorite topic to speak about, write about, or discuss in line at the grocery store.

Surviving a heart attack at age 35 while seven months pregnant with twins propelled Eliz on a mission to share her story to inspire other busy people to pay attention to their health. She knew she'd been given a second chance at life and a unique perspective for a reason—to show others how to manage stress, find contentment, and lead them on the path to lower stress and great success.



Eliz Greene

**This summit will provide the following education:**

- What's missing in your wellness program.
- Interactive sessions using examples from worksites to demonstrate common workplace stressors and best-practice solutions at the organizational, managerial, and individual levels.
- Discuss common workplace policies and programs.
- View showcased worksites' environmental and policy changes.

**Who should attend:**

- Human resource professionals
- Occupational nurses
- Members of a worksite health promotion committee
- Medical directors
- Health benefits managers
- Health promotion coordinators
- Building facilities managers
- Health education staff

**\$30 DON'T MISS THIS ONE-DAY EVENT!**  
For more information about the summit please contact Enid at [eweiss@midconetwork.com](mailto:eweiss@midconetwork.com)