

## RESOURCE LIST

**CHANGE Tool** <http://www.cdc.gov/healthycommunitiesprogram/tools/change.htm>

**Hometown Health** <http://www.extension.iastate.edu/publications/crd329.pdf>

**MAPPS** <http://www.naccho.org/topics/infrastructure/mapp/framework>

### **Community Walking Tool Kit**

<http://www.healthysd.gov/Communities/CommWalkingToolkit.pdf>

HealthySD tool kit offers step-by-step guidance to form a walking club, keep members motivated, and garner local support for increasing community walkability. It highlights organizations and resources to support communities in their walking program efforts.

### **Strides to a Healthy Community**

<http://www.healthysd.gov/Communities/PDF/StridesHealthyCommunity.pdf>

HealthySD tool kit provides information and tools for creating healthier communities, including policy and environmental changes to promote healthy lifestyles. It includes science-based guidelines, examples of strategies and activities, survey forms, a sample workplan and budget, and other resources.

### **Strides to a Healthy Worksite**

<http://www.healthysd.gov/Workplace/PDF/WorksiteToolkit.pdf>

Worksite Wellness toolkit is a resource developed in assisting worksites to encourage employees to lead healthier lifestyles that includes a variety of supplemental materials.

### **Healthy Concessions Policy**

<http://www.healthysd.gov/Communities/PDF/ModelConcessions.pdf>

This model policy is a guide to serving healthier items – outlining foods and beverages that are good and those that are to be avoided.

### **County Health Rankings**

<http://www.countyhealthrankings.org>

The County Health Rankings are based on a model of population health which emphasizes that by improving health factors in your state and counties they may indeed become healthier. Individual rankings for states and counties are available.