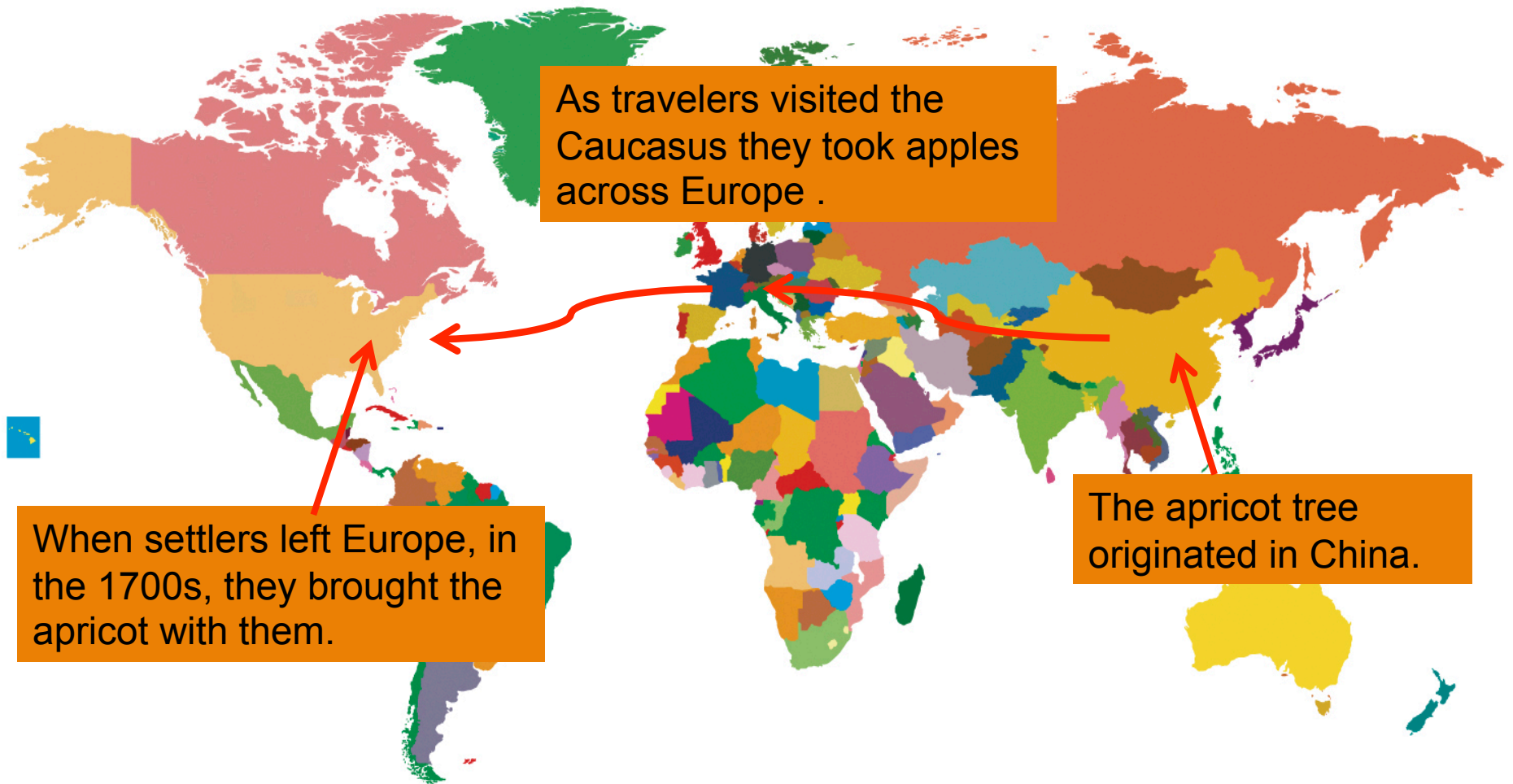




Apricots

History about **apricots**



How do **apricots** grow?

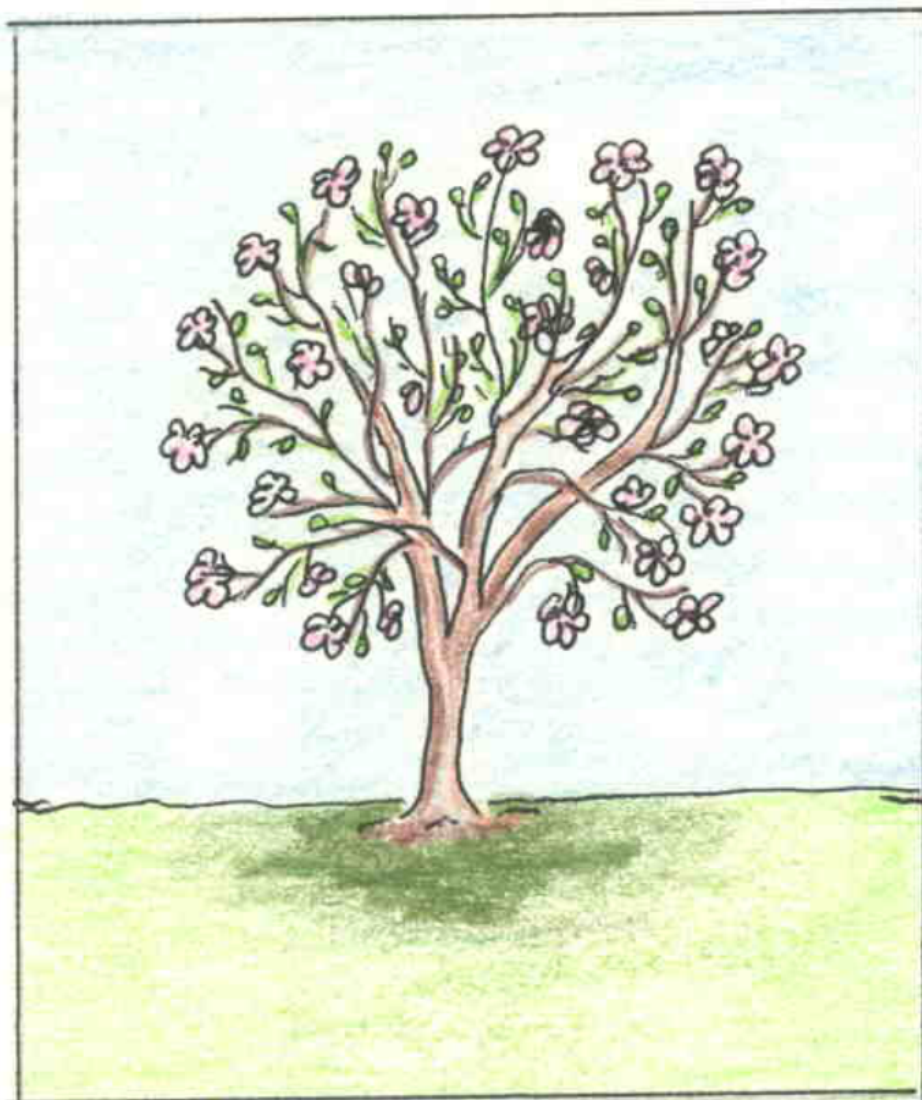
Apricots grow on trees.



After
pollination,
we eat the
swollen fruit.



**Stand up and get ready to
act out the
Apricot Life Cycle!**



Apricot tree with flowers.



Stretch arms up, or out, as branches reaching out towards the sun and fan hands out to form flower blossoms.



Pollination.



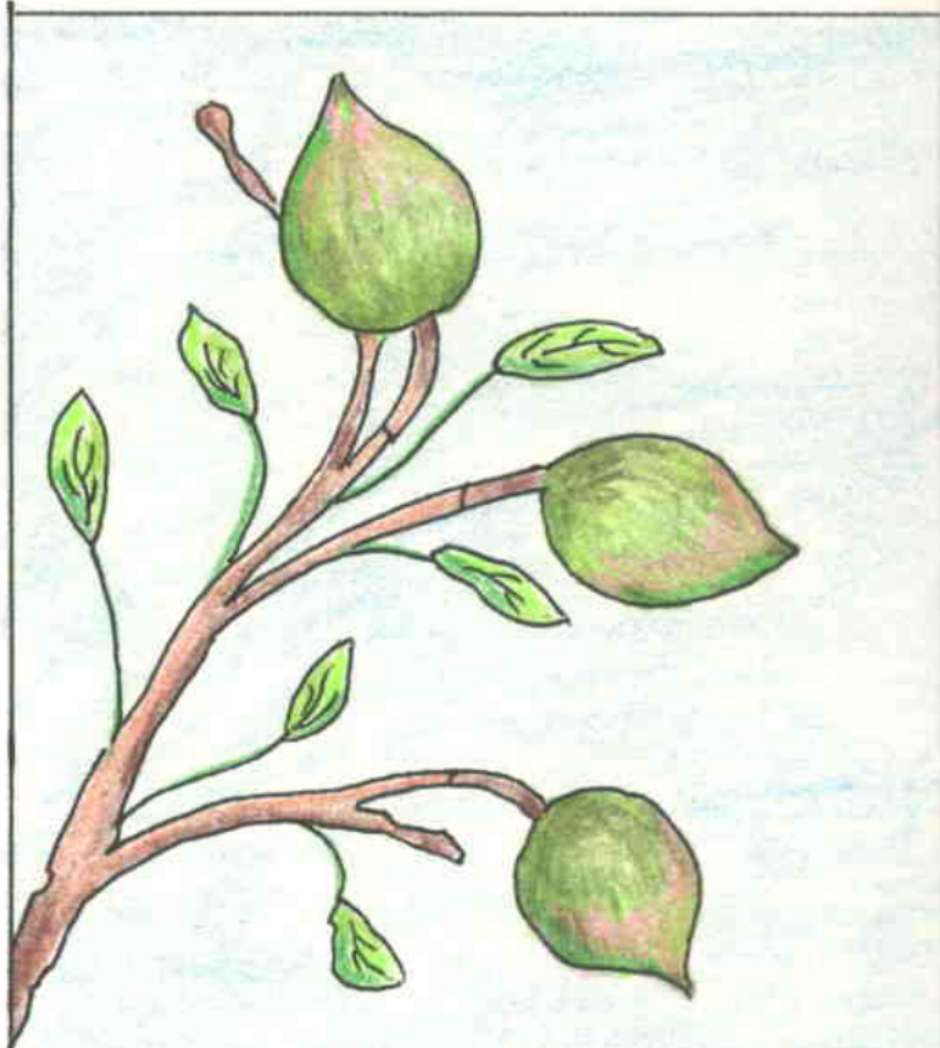
One hand's pointer finger becomes a pollinator (a bee or fly) and touches a friend's flower respectfully.



Petals wilting.



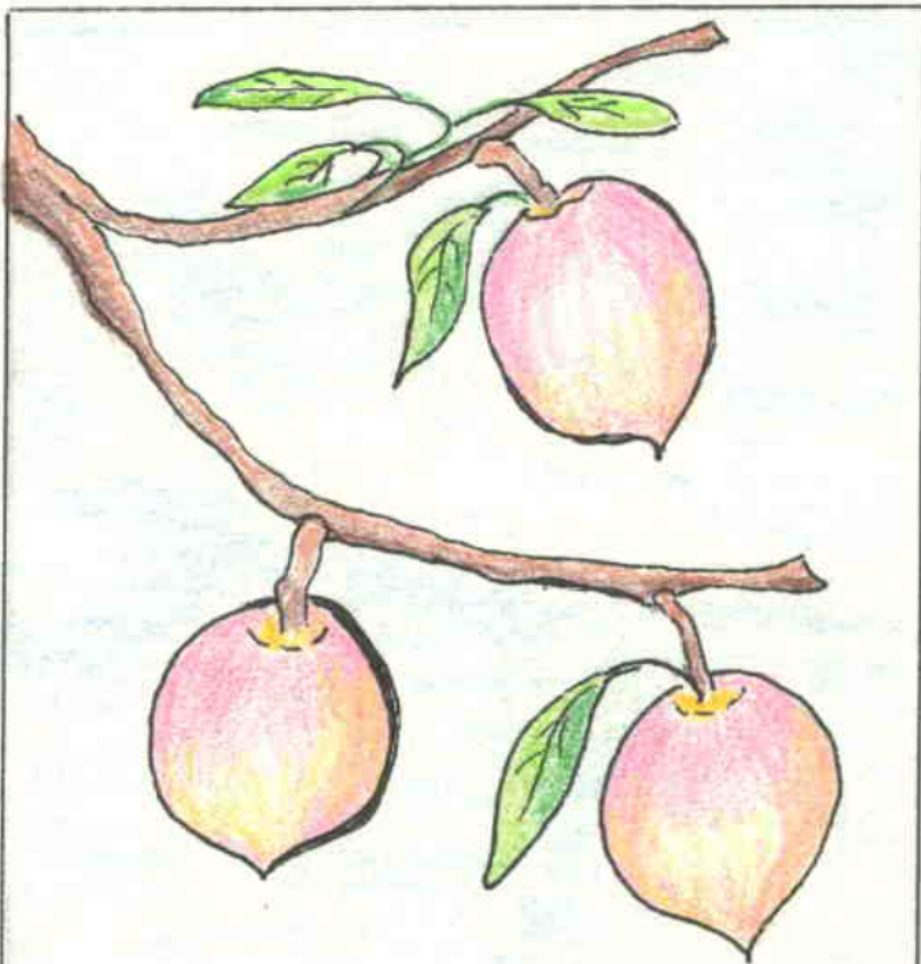
Petals pretend to
fall off of flower
hand.



Flowers swelling.



Flower hand is a small fist, representing the beginning of a fruit.



Immature apricots.



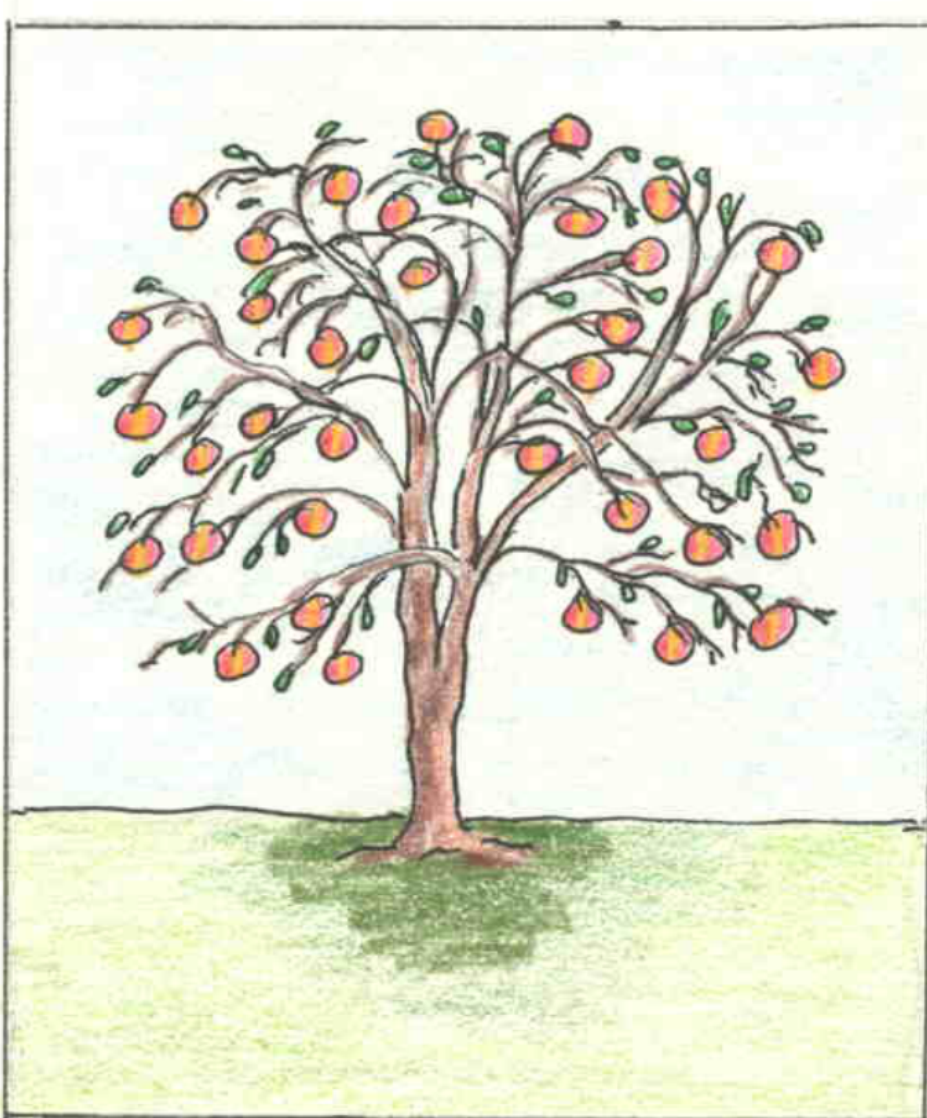
Fruit grows a bit larger.



Apricots.



Fruit grows larger.



Apricot tree with apricots.

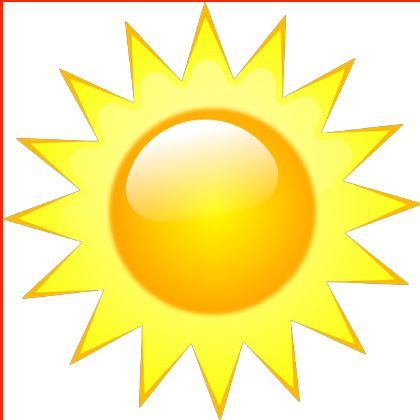


Be a tree with
peaches using your
own action.

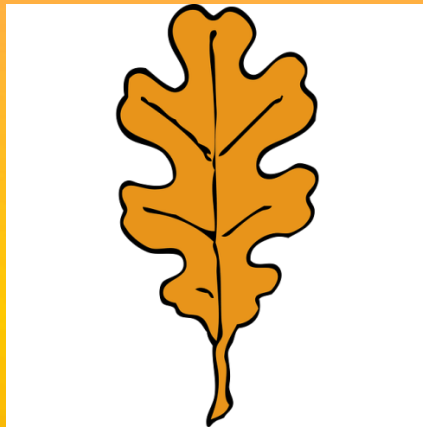
**Now that we are done,
please have a seat.**

What season do we pick **apricots**?

Summer



Fall



Winter



Spring



Apricots are usually picked from mid to late summer.

Why should we eat apricots?

Fiber



Healthy digestion,
cleans out your system

Vitamin C



Healthy immune system
(prevents colds)

Potassium



Healthy muscles

Vitamin A



Healthy eyes

How do you pick a good apricot?

- Apricots should be firm and have a consistent yellow/orange/red color.
- Avoid those with bruises or soft spots.
- Apricots can be stored in the refrigerator for up to a week and should be rinsed before eaten.



Fun fact: California produces over 95% of United States' apricots.

Lets try some
apricots!

