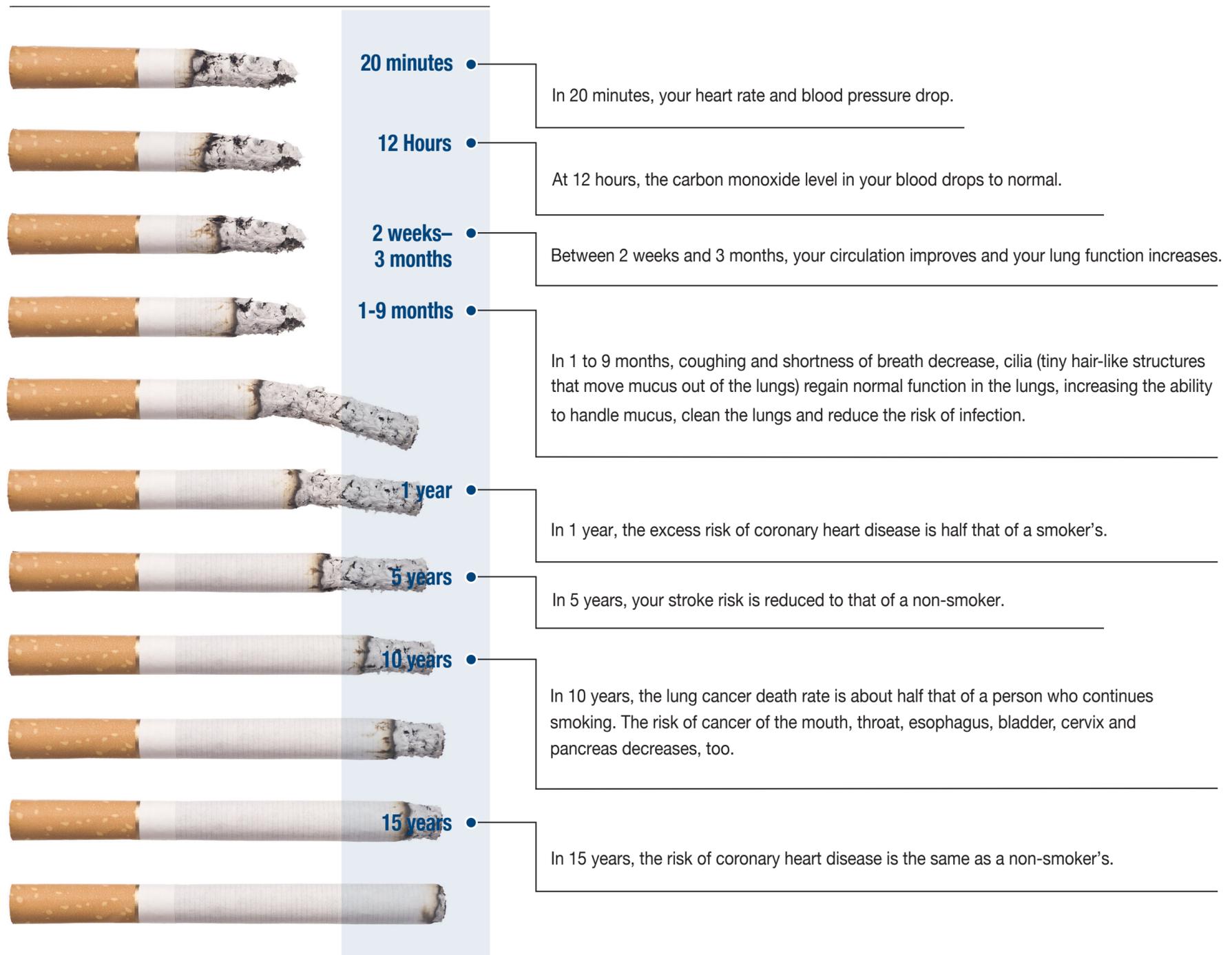


Commit to Quit in 2014!

Did you know you that 30% of all cancers are caused by tobacco use?
Have you thought about your New Year's resolutions yet?

This year make quitting smoking your New Year's resolution and reduce your risk for developing cancer.

When you quit smoking:



Tobacco Cessation Resources

South Dakota QuitLine: offers SD residents free access to one-on-one phone coaching, cessation medication, and resources to help tobacco users in their quit attempt. Call 1-866-SD-QUITS (1-866-737-8487) to enroll or visit www.SDQuitLine.com for more information.

American Lung Association in South Dakota: Visit www.quitterinyou.org for more information.

