

SIDEWALKS AND CROSSWALKS

In five states (Fla., Miss., Texas, Wash., Wis.), walking and biking to school increased by

37% after sidewalks and crosswalks were improved.



WALKING SCHOOL BUS

In Houston, the number of children walking or biking to school increased by

125%

after schools began participating in a Walking School Bus program.



BIKE LANES

After the installation of a new bike lane in New Orleans, the number of cyclists increased by

225%.

CHANGING Communities GETS PEOPLE MOVING

Communities across the country are making improvements to encourage walking, biking, and other forms of physical activity.

RECREATIONAL FACILITIES

People who used outdoor fitness equipment in Los Angeles parks exercised

46%

more frequently than those who did not.



Active Living Research
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